

INDEPENDENT LIVING ASSESSMENT

Patriarch_{placement}

The Independent Living Assessment

It maybe unclear to us or our loved ones if it is still safe for us to live independently. For this reason this assessment was developed by a team of investigators from the Health and Disability Research Institute at the Boston University School of Public Health and has undergone rigorous testing to assure it is a sound and trustworthy measurement tool.

Phillips Lifeline has sponsored this assessment as a means of supporting safe, independent living at home in the community. Use the results of this assessment to begin a dialogue between aging adults, their families and healthcare providers.

Patriarch Placement encourages you to take the time to do the free online assessment. The results of the assessment provide you with valuable insight and can help you better determine what is best for a safe and thriving future.

To begin the Assessment visit:

<https://www.theindependentlivingassessment.com/>



Key Points

- Get a clear picture of your ability to live safely in your home
- Valuable information to share with your healthcare provider
- A better understanding of some challenges you may be faced with

www.patriarchplacement.com

Q & A on Your Assessment

What is the AM-PAC?

The Boston University Activity Measure for Post Acute Care (AM-PAC™) is an activity limitations instrument developed using the World Health Organization's International Classification of Functioning, Disability and Health (ICF). According to the ICF, an activity limitation is defined as "difficulty in the execution of a task or action by an individual." The AM-PAC™ was developed as a functional outcomes system that can be used in both community based settings and institutional settings (nursing homes and assisted living centers). The AM-PAC, consists of a comprehensive list of almost 300 functional activities and measures functional outcome by using a form of artificial intelligence called Item Response Theory. For more information on this assessment please visit <http://crecare.com/research.html>

Who developed the AM-PAC?

The assessment was developed by a team of investigators from the Health and Disability Research Institute at the Boston University School of Public Health and has undergone rigorous testing to assure it is a sound and trustworthy measurement tool. The development of the AMP-AC was supported, in part, by the National Institute on Disability and Rehabilitation Research and the National Institute of Child Health and Human Development.

Should I share AM-PAC results with my healthcare provider?

Yes, the AM-PAC has been scientifically proven to be a sound and trustworthy assessment of functional ability. It provides information which your healthcare providers may find helpful.

How often should the assessment be done?

Generally, functional ability changes slowly; therefore waiting one month between assessments would be fine. If because of illness or an accident your functional ability is changing rapidly you may want to complete the assessment more frequently.

I've taken the assessment two times and was asked different questions. Why did that happen?

The software program is designed to use a form of artificial intelligence to select the questions based on your answers to previous questions.

When should I skip a question?

You should skip a question when you do not know if you can do the activity. If you do not do an activity because you know you can not do the activity you should select "unable" as the response to the question

Who do I contact if I have questions on completing the assessment?

Please email all questions to IndependenceAssessment@Philips.com